

# Information Sheet for GPs for Ordering Oxygen for Cluster Headache Patients

Unfortunately the pathway here is under a rather prolonged consideration by the CCG so the following notes are for current best practice:

1. To obtain Oxygen for cluster headache, you will need to go to the Air Liquid Home Health Site and the address is: [www.airliquidehomehealth.co.uk/hcp/portal\\_b/](http://www.airliquidehomehealth.co.uk/hcp/portal_b/) it is a bit of a hassle to sign up but when prompted, insert 12 litres flow rate, non-rebreathing mask 1 hour a day, and that should do the trick. In the additional details request a "BPR Oxygen Ultra Demand Valve". Alternatively, GPs can go to portal "a" and follow the instructions.

2. You will have to get the patient to sign a risk assessment form, an initial Home Oxygen Risk Mitigation form (IHORM) and consent form which you can get from the Air Liquide site. There is no Oxygen assessment and review service available and the Respiratory Nurses do not offer a routine service for cluster headache. You will have to make an informed decision as to whether the patient is safe to use Oxygen in their home and if they are a smoker, advise suitable cessation options. It is good practice to see the patient at least 6-monthly to ensure the need for Oxygen and reinforce the need for further risk assessment advice on smoking cessation.

3. Portable Oxygen is available in selected cases only, i.e. where essential for a patient's occupation and not for convenience. The Respiratory Nurses have agreed to issue this if there is a genuine need, so please refer to the RD&E Respiratory Nurse Department for portable Oxygen.